



COUNSELING

Everyone experiences challenges,
and we are here to help:



- Depression
- Anxiety
- Marital/Relational Issues
- Life Transitions
- Grief and Loss
- Caregiver Stress
- Parenting Support
- Youth Social/School Anxiety
- Physical Illness and Disability
- Challenges with Aging and Older Adulthood

We are open and offer the counseling services you need in person or on Zoom. Our professional clinical therapists are here to help with services offered in English and Spanish.

Client Services:

- Individual Therapy
- Youth & Adolescent Therapy (age 8+)
- Couples & Family Therapy
- Senior & Caregiver Counseling and Support Services
- Caregiver Support Group

Payment and Insurance:

- BCBS | Cigna | Humana | Medicare | United Healthcare
- Employee Assistance Programs
- A sliding fee scale is available to clients who qualify

Strong
Families
Make Strong
Communities

**Family Service
of Lake County**

777 Central Avenue, Suite 17
Highland Park, IL 60035
847-432-4981
famservice.org



Contact Us

- To reach Counseling services, please call 847-432-4981 x200 (English) or x201 (Spanish)