

# The Forest View

## VIEWS FROM THE DESK OF...

Dear Employees:

What word would you use to describe a City of Lake Forest Employee? That question was posed to the attendees at this year's Employee Recognition Dinner and here is what they said.

High-Performance, Dedicated, Supportive, Perfect!, Exhausting!, Family, Unconditional, "We (heart) Bob" (I think that was my wife). Proud, Honored and dozens of more descriptors. It may sound cliché' but I am not sure you can describe our employees with just one word. So many seem appropriate and so many apply.

While I am clearly biased, I think we have the most dedicated and professional workforce of any municipal government in the country. Yes, we expect a lot out of our employees, but we should if we consider ourselves the best. Not only in providing high-quality

service to our residents, but also in being leaders in our respective fields.

When Charlie Douglas was recently honored as Water Plant Operator of the Year, my first reaction was "well deserved" and my second was, "it is long overdue". Our workforce has a long tradition of commitment to their trade and it is reflected in the way our organization is perceived both in and outside Lake Forest. Kudo's to all of this year's class of employees recognized and thank you to all City employees for the work that you do.

I hope that you and your family have a safe and joyous holiday season.



THE CITY OF  
LAKE FOREST

### IN THIS ISSUE:

- 2.... Birthdays, Library's View, Recognition
- 3.... Employee Golf Outing, Conway 5k
- 4.... Public Safety Open House, EAP Program

# BIRTHDAYS

Charlie Franco	P&R - Cemetery	11/21
Lynn Krambeer	Library	11/22
Lauren Reaumont	CROYA	11/23
Chris Teresi	Com Dev	11/24
Tim Magoon	PW - Fleet	11/27
Dave Andersen	Fire	11/27
Jose Diaz	PW - W&S Utilites	11/28
Mike Gallo	Fire	11/29
Rick Anderson	Police	12/1
Judy Grasmick	Library	12/4
Chuck Kriens	Fire	12/4
Rigo Coria	P&R - Forestry	12/5
Bob Henderson	Fire	12/6
Miguel Camarena	P&R - Parks	12/8
Tom Wilson	P&R - Golf	12/9
Nada Sydow	Police	12/10
Carina Walters	OCM	12/12
Jeff Sulkin	Police	12/14
Madeline Palenica	Police	12/15

Laronda Haines	Finance/IT	12/18
Joe Stanonik	Fire	12/18
Jason Mitchell	P&R - Forestry	12/19
Barb Lueder-Manetti	Police	12/20
Will Wright	Police	12/21
Bob Serkowski	Fire	12/23
Bob Kiely	OCM	12/25
Rico Stringer	Police	12/27
DeSha Kalmar	Human Resources	12/30
Amber Campbell	Human Resources	12/31
Brian Pogachnik	PW - Streets/San	1/2
Cory Kazimour	Fire	1/7
Craig Lepkowski	Police	1/13
Brian Acello	PW - Streets/San	1/14
Bob Martinelli	Fire	1/18
Ed Johnson	OCM	1/18
Tricia Schwall	P&R - Admin.	1/20
Rob Brown	PW - Bldg Maint.	1/23

## RECOGNITION



From left: Lake Bluff firefighter/paramedic Matt Kluchka; Lake Bluff Police Officer Jim Reynolds; patient Bruce Stromberg; Lake Forest firefighter/paramedic Joe Stanonik; and Lake Forest firefighter/paramedic Nick Savel.

A Cut Above -- Lake Forest, Lake Bluff Firefighters, Cop Honored For Saving A Life

**Nick Savel, Joe Stanonik, and Matt Kluchka** were the recipients of the Cut Above award through Northwestern Lake Forest Hospital. This was for an EMS call in Lake Bluff for a person in cardiac arrest who lived to tell his story.

**POP Lainio** was also an award recipient for Countryside Fire for a cardiac call. Congratulations to all of these guys on doing a great job.

## THE LIBRARY'S VIEW

Lake Forest Library Welcomes New Librarians

**Trish Compton** -- has lived and traveled extensively throughout the United States and abroad. She received her master's degree in library science from Texas Woman's University. In her leisure time, she enjoys reading, riding her bike on the Des Plaines River Trail and gardening. Trish is eagerly awaiting the arrival of her first grandchild expected in early December.



**Vadim Seyfer** -- was born in Minks, Belarus and moved to the United States with his family when he was seven. Vadim has an MLIS from Dominican University and has worked in public libraries for 15 years. He has studied video editing and drawing. In his spare time he likes to hang out with his two nephews, ages 2 and 10 years old.

Saying Goodbye -- **Kate Parker**, a Children's /Young Adult librarian who has worked in the Children's Library since September 2001 will retire at the end of 2014. She and her husband have lived in Chicago since 1980. They will head west for retirement to be closer to family. LF Library is sending her off with our best wishes.





# Employee Golf Outing



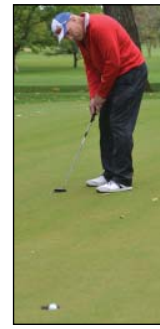
**1st Place:** Chris Freund, Ron Gramer, Larry Kenar, Tom Minarik



**2nd Place:** Luke Lovcik, Linda Broderick, Marge Ferrarsi, Tom Wilson



**3rd Place:** Jeremy Woertz, Jack Schmidt, Miguel Camarena



# Conway Autumn Classic 5k



Left to right: Anthony Caraballo, Bryan Debaets, Carina Walters, Colleen Syc, Shelly Walker, Joe Gabanski, Peter Gordon, Brian Miklovic, Mary Van Arsdale.

A special congratulations to **Joe Gabanski**, **Bryan Debaets** and **Peter Gordon** for finishing in the top 100 runners! Joe placed an impressive 53 overall with a time of 23:16.2! We also had employees who came to support, walked the event and helped with traffic control. Thank you all!

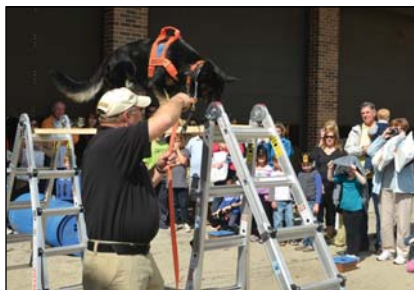




# Police / Fire Open House



**Public Safety's Open House is a tour for the residents of Lake Forest so they can fully appreciate how the police and fire departments function.**



## What is an EAP and does the City have one?

Our **Employee Assistance Program (EAP)** consists of City-provided benefits that help employees cope with personal problems that may impact job performance, health, and personal well-being and has expanded to include treatment for a variety of issues that affect job performance. Our EAP provides confidential support for employees experiencing difficulty with their personal and professional lives.

### The Family Service EAP assists with a variety of problems including:

- Presenteeism
- Absenteeism
- Alcoholism
- Mental health
- Financial problems
- Smoking cessation
- Marital difficulties
- Work/life balance
- Substance abuse
- Stress management
- Poor job performance
- Fatigue/sleep problems

If you experience any of these, consider looking into the City's EAP through Family Service. **Cost for counseling:** The City pays 100% for the first 12 sessions; 75% for the next 12 sessions, and 50% after 24 sessions. The employee is responsible for the portion not covered by the City on a sliding-scale fee, based on the individual's ability to pay. To make an appointment, to obtain more information or to refer someone, please call:

**Family Service: 847.432.4981**  
**9:00 a.m. to 5:00 p.m. weekdays; or**  
**Human Resources Department: 847.810.3531**  
**[www.citylf.org](http://www.citylf.org)**

## TO MAKE AN APPOINTMENT

To make an appointment, to obtain more information or to refer someone, you can call:

**Intake @ Family Service**  
**(847) 432-4981 # 200**  
 9 a.m. to 5 p.m. weekdays; or

**For further questions regarding City of Lake Forest benefits, please contact your Human Resources Department:**  
**(847) 810-3530 & 810-3531**

## COUNSELING LOCATIONS

Counseling is available at these Family Service locations:

**Main Office:**  
 777 Central Avenue  
 Highland Park, IL 60035

**Branch Offices:**  
 836 S. Northwest Highway Ste. H  
 Barrington, IL 60010

100 Main St.  
 Wauconda, IL 60084



Prevention, Education & Counseling NFP

Member United Way Agency